



CERTIFICATE OF PARTICIPATION

This is to certify that

Alex Human

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:36:54

PACE 05:09/km
OVERALL 31 of 834

GENDER 26 of 563
**SENIOR (20- 19 of 291
39)**



08 July 2023, Sat

Date

BoutTime

Signature

